Root canal treatment, also known as endodontic treatment, is the process of removing infected, injured or dead pulp from your tooth.

The space inside the hard layers of each tooth is called the root canal system. This system is filled with soft dental pulp made up of nerves and blood vessels that help your tooth grow and develop. When the nerve of your tooth becomes infected, a successful root canal treatment lets you keep the tooth rather than having to extract it. Keeping your tooth helps to prevent your other teeth from drifting out of line and causing jaw problems and avoids having to replace it with an artificial tooth.

AN ABSCESED TOOTH

When bacteria enter your tooth through deep cavities, cracks or flawed fillings, your tooth can become abscessed. An abscessed tooth is a tooth with an infection in the pulp. If pulp becomes infected, it needs to be removed. An abscessed tooth may cause pain and/or swelling. Your dentist may notice the infection from a dental X-ray or from other changes with the tooth. If left untreated, an abscessed tooth can cause serious health problems.

ROOT CANAL TREATMENT PROCESS

1. The dentist gives you a local anesthetic (freezing).
2. To protect your tooth from bacteria in your saliva during the treatment, the dentist places a rubber dam around the tooth being treated.
3. The dentist makes an opening in the tooth to reach the root canal system and the damaged pulp.
4. Using very fine dental instruments, the dentist removes the pulp by cleaning and enlarging the root canal system.
5. After the canal has been cleaned, the dentist fills and seals the canal.
6. The opening of the tooth must then be sealed with either a permanent filling and/or temporary filling and crown.
TOOTH RESTORATION

After a root canal treatment, your tooth has to be restored to look, feel and work as much like a natural tooth as possible. If an endodontist performed your root canal treatment, he or she will fill the opening of the tooth with a temporary filling and send you back to your dentist or prosthodontist for tooth restoration.

A prosthodontist is a dental specialist who restores and replaces teeth using crowns, bridges, dentures and implants. Your dentist or specialist may use a permanent filling or a crown to restore your tooth. The choice of restoration will depend on the strength of the part of the tooth that’s left. A back tooth will likely need a crown because chewing puts a great deal of force on back teeth. If there is not enough of the tooth left, posts may be used to help support the crown.

Root canal treatment may be done in 1 or 2 appointments. After root canal treatment, your tooth may be tender for the first week or two. Bad pain or swelling are not common. If this happens, call your dentist or endodontist.

ORAL CARE FOLLOWING ROOT CANAL TREATMENT

You can still get a cavity or gum disease after a root canal treatment. Root canal treatment does not protect your tooth from other types of damage. With proper care and regular dental visits, the tooth could last as long as other teeth.

WHEN ROOT CANAL TREATMENTS DO NOT WORK

Most root canal treatments are successful. But in some rare cases, a second root canal treatment is needed. This is called retreatment. When retreating a tooth, the root canal filling material is taken out, and the canal is re-cleaned, reshaped and refilled. Most of the time, a tooth that has had a root canal treatment can be saved.

Sometimes root canal surgery is needed when a regular root canal treatment cannot be done or when it has not worked. Surgery is done to:

- Check the end of the root for fractures (cracks).
- Remove parts of the root that could not be cleaned during regular root canal treatment.
- Clear up an infection that did not heal after regular treatment.

However, there are cases where everything possible has been done to save a tooth and still the tooth must be extracted (pulled).