



## CDA Position on **Frequency of Dental Care**

Professional dental care is necessary to maintain oral health. The frequency of professional oral health interventions and services is based on a patient's individual needs and risk of oral diseases.

Continuing care frequencies (recall examinations) should be determined based on a risk assessment with respect to total oral health including but not limited to dental caries risk, periodontal health, cancer screening, growth and development, soft and hard tissue evaluation and medical status of the individual patient. A growing body of evidence is demonstrating relationships between oral health and general health.

Appropriate frequency of continuing care can only be determined by the dentist in partnership with the patient.

In order to promote optimal health, barriers preventing access to oral care, including limits on care frequency, should be eliminated for all Canadians.

CDA Board of Directors

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