The origin of prosthetic joint infections has been a controversial topic for dentists, physicians and patients. Confusion surrounds the risk of dental procedure-related bacteremia and the subsequent risk of patients with orthopedic devices developing prosthetic joint infection following such bacteremia.

The Canadian Orthopedic Association (COA), the Canadian Dental Association (CDA) and(104,198),(902,549) the Association of Medical Microbiology and Infectious Disease (AMMI) Canada have reviewed the current best available evidence on the effectiveness of dental antibiotic prophylaxis in the reduction of orthopedic prosthetic joint infections, in the context of the issue of emerging antimicrobial resistance and the critical role of all health care providers to steward appropriate use of antimicrobial drugs.

These professional bodies conclude that:
1. Most transient bacteremia of oral origin occurs outside of dental procedures.
2. The significant majority of prosthetic joint infections are not due to organisms found in the mouth.
3. Few prosthetic joint infections have an observable and clearly defined relationship with dental procedures.
4. There is no reliable evidence that antibiotic prophylaxis prior to dental procedures prevents prosthetic joint infections.

Recommendations

As a result of this work, the COA, CDA, and AMMI Canada provide the following guidance concerning the management of dental patients with orthopedic devices:

1. Patients should not be exposed to the adverse effects of antibiotics when there is no evidence that such prophylaxis is of any benefit.

2. Routine antibiotic prophylaxis is not indicated for dental patients with total joint replacements, nor for patients with orthopedic pins, plates and screws.

3. Patients should be in optimal oral health prior to having total joint replacement and should maintain good oral hygiene and oral health following surgery. Orofacial infections in all patients, including those with total joint prostheses, should be treated to eliminate the source of infection and prevent its spread.