WHAT YOU CAN'T SEE CAN HURT YOU.

As it turns out, so can what you don't know.

Test your knowledge of oral health below:

True or False

1.	Your oral health can impact your overall health and well-being.		7.	Oral health has little impact on the quality of sleep of pre-schoolers.	
	□ True	□ False		□True	□ False
2.	Gum disease (periodontal disease) is a chronic infection that is most often caused by the build up of dental plaque.		8.	Toothache is the most common pain affecting the daily lives of Canadians.	
	□ True	□ False		□True	□ False
3.	Tobacco users are more likely than non-users to develop gum disease.		9.	Poor oral health impacts the psychological and social well-being of one in 12 Canadians.	
	□True	□ False		□True	□ False
4.	Women with gum disease are twice as likely to deliver a premature low-birth weight baby.		 Nearly half of Canadians will be affected by gum disease at some point in their lives. 		
	□ True	□ False		□ True	□ False
5.	There is no link between oral health and heart and		11.	. Good oral hygiene habits can help prevent gum disease.	
	stroke disease □ True	e. □ False		□True	□ False
			12	Chronic bad b	oreath can be a sign of gum disease.
6.	Dental decay, a disease caused by bacterial infection, is one of the most common disorders of childhood affecting more than half of 5 to 17 year-olds.			□True	□ False
	□ True	□ False			CANADIAN DENTAL ASSOCIATION

1. True. Research shows there may be a link between oral disease and other health problems, and that the state of the oral and related tissues contributes to physical, mental and social well-being and to the enjoyment of life's possibilities.

2. True. While there are many factors involved in the development of being and to the enjoyment of life's possibilities.

2. True. While there are many factors involved in the development of gets between the tooth surface and gum tissue. Over time, plaque hardens into tartar and causes the gums to become inflamed. If left untreated, the untreated, the bare supporting the teeth and causes the gum tissue to shrink.

3. True. Jobacco users are 4 times more likely to develop gum disease than non-smokers.

4. False. Women with gum disease are up to 7 times more likely to develop gum disease than non-smokers.

4. False. Women with gum disease are up to 7 times more likely to delive to a premature low-birth weight baby.

5. False. Several research studies have found disease are up to 7 times more likely to delive to develop gum disease increases with the severity of the gum disease.

6. True. Roughly 60 per cent of children 5 to 17 ore alfects pre-schoolers and can cause pain, poor sleep and boor eating habits.

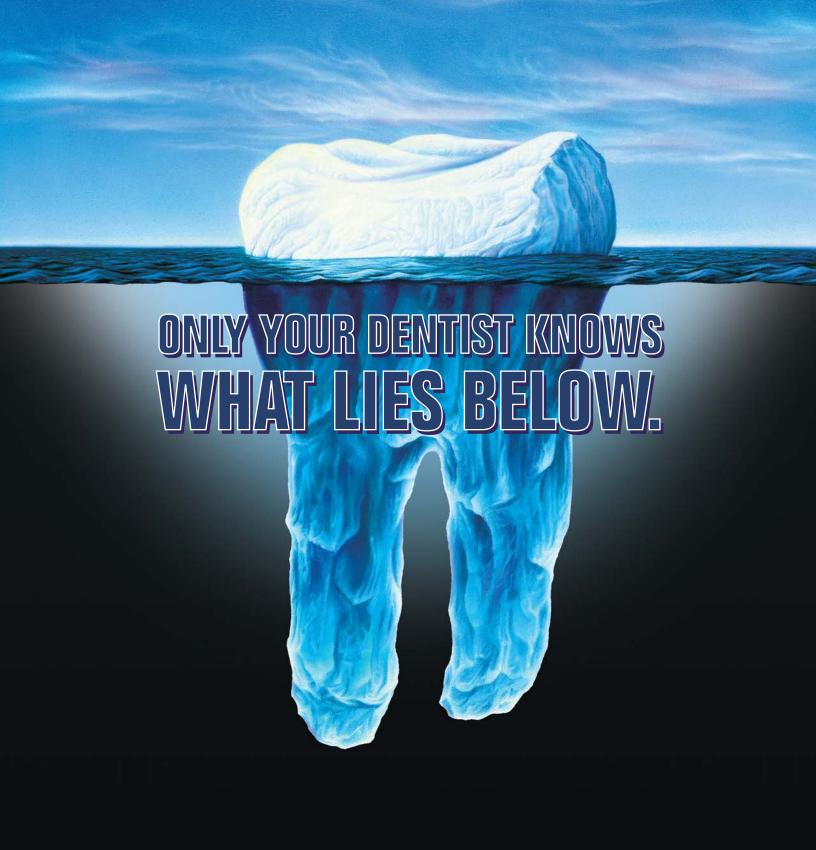
8. True. Canadians tudies have found that in a four-week period, 6 to 9 percent of adults experience moderate to severe oral or facial pains.

9. False. Poor oral health impacts the psychological and social well-being of one-in-seven Canadians. It takes away from their enjoyment of eathing and affects are appearance or oral or facial pains.

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9. False Poor oral health impacts the psychological and social well-being of one-in-s



Gum disease. Root cavities and infections. Oral cancer. Most people never see them coming. But these hidden threats to your oral health can lead to severe pain, loss of teeth, and serious health implications. Only your dentist has the training, skill, and expertise to spot and treat these dangers before it's too late. So see your dentist. Because what you can't see can hurt you.

GET THE FULL STORY ON YOUR ORAL HEALTH. SEE YOUR DENTIST.



