

# Design of a Cast Bar Reinforced Provisional Restoration for the Management of the Interim Phase in Implant Dentistry

(Conception d'une restauration renforcée par barre coulée comme traitement provisoire dans la mise en place d'un implant)

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# **SOMMAIRE**

La mise en place d'implants dentaires est en voie de devenir le traitement de choix pour le remplacement des dents, dans les cas d'arcades partiellement édentées. Cependant, la phase intérimaire du traitement par implant pose souvent des problèmes particuliers, dus à la position des dents encore présentes, à leur état parodontal et à la perte de la dimension verticale de l'occlusion. Le présent article rend compte de la conception et de la fabrication d'une restauration provisoire à grande portée renforcée par barre coulée, fabriquée à partir d'un cirage diagnostique et visant à simplifier le traitement durant la phase intérimaire.

MeSH Key Words: dental implants; dental prosthesis design; dental restoration, temporary/methods

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he management of the interim phase in dental implant therapy is usually the most difficult phase for both the patient and the clinician.1 Certain clinical conditions, such as long-span edentulous regions, loss of interocclusal space, and lack of posterior support, present problems for conventional fixed provisional restorations. The long-span and traumatic occlusions allow flexure in the provisional bridge, which results in fractures and washout of the cementing medium and associated complications to the natural abutments and implant recipient sites.

Provisional restorations may be reinforced with a variety of materials to avoid fracture. Youdelis and Faucher<sup>2</sup> report a technique that uses stainless steel wire to reinforce an autopolymerizing acrylic resin provisional restoration. Binkley and Irvin<sup>3</sup> describe heat-processed provisional restorations reinforced with a 16- or 18-gauge cast metal framework.

In order to establish the proper vertical dimension of occlusion and protect the surgical site of the implant during the regenerative and osseointegration phases, a cast metal bar reinforced provisional restoration may be fabricated. The cast bar provides enough rigidity to prevent flexure in the bridge, thus avoiding fractures and cement washout. The added rigidity of a thick cast bar over the implant surgical site allows the pontic region of the provisional restoration to be relieved for postsurgical healing without compromising the patient. The provisional restorations allow for an assessment of the vertical dimension of occlusion and the protection of the surgical site, permitting an uncomplicated interim phase of treatment.4

#### **Diagnostic Phase**

A 60-year-old woman presented with failing prosthetic appliances (**Figs. 1** and **2**). Implant therapy was

planned to replace the failing bridge in the upper-right quadrant. The interocclusal space had been compromised and needed to be corrected. Initially, a cross arch fixed acrylic provisional restoration was placed, but the long-span edentulous area, premature washout and multiple fractures created the need for a reinforced fixed provisional restoration.

Study models were mounted and a diagnostic wax-up generated to help identify the occlusal pathology and diagnose the interocclusal violation and esthetic limitations. These limitations can be corrected in the design of the provisional restoration. The wax-up also simplifies communication of treatment plan options to the patient and helps him or her make a better informed decision. (Figs. 3, 4, and 5).

## **Laboratory Phase**

A master cast was generated with an impression of the remaining prepared abutments, and a wax-bar

Journal Mars

1999 Vol. 65 No 3

160



Fig. 1: Intraoral view of pre-operative condition.



Fig. 3: Mounted study models.



Fig. 5: Diagnostic wax-up.

pattern, adapted to cover the lingual and proximal surfaces of each abutment (Fig. 6), was sprued, invested and cast in the alloy of choice (Fig. 7). A transparent index of the original provisional restoration allowed us to duplicate its contours, facilitating patient acceptance (Fig. 8). The cast bar was adapted to the master cast and liquid acrylic opaque was applied (Fig. 9). The final wax-up was completed (Figs. 10 and 11) and heat processed tooth-coloured acrylic (Fig. 12). The cast metal bar reinforced provisional restoration was then ready for insertion (Fig. 13).



Fig. 2: Intraoral view of pre-operative condition.



Fig. 4: Diagnostic wax-up.



Fig. 6: Wax bar pattern on abutment master cast.

### Conclusion

This long-span, long-term provisional restoration allows the management of implant surgery phases in a predictable fashion while maintaining the patient in a comfortable, problem-free fixed provisional stage. Occlusal stability and vertical dimension were maintained because of greater wear resistance of the hardened laboratory-processed acrylic and the rigid cast bar reinforcement.

After an acceptable period of time, the occlusion and contours developed in the provisional

restoration were duplicated in the final restoration. ■

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Journal

Mars 1999 Vol. 65 No 3

161





Fig. 7: Cast metal bar on abutment master cast.





Fig. 9: Opaque applied to cast metal bar.



Fig. 10: Completed wax-up of provisional restoration incorporating cast metal bar.



Fig. 11: Completed wax-up of provisional restoration incorporating cast metal bar.



Fig. 12: Heat processed provisional restoration incorporating cast metal bar.



Fig. 13: Intra-oral view of cast metal bar reinforces provisional restoration.

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Journal Mars Vol. 65 Nº 3