



CDA Position on **Oral Appliance Therapy for Snoring and Obstructive Sleep Apnea**

Snoring may be an indication of the underlying medical condition of obstructive sleep apnea. Routinely, before prescribing or constructing a snoring appliance, the dentist should refer the dental patient for a medical assessment to determine the presence and severity of obstructive sleep apnea. The assessment should provide confirmation that snoring may be treated independently, or, if obstructive sleep apnea is involved, in cooperation with an attending physician.

CDA Board of Directors
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