

## Breastfeeding and Early Childhood Caries

The Canadian Dental Association supports breastfeeding as it provides nutritional benefits to the infant and is recognized as an effective preventive health measure.

In the absence of daily oral hygiene care, breastfeeding is one of many risk factors that may contribute to the development of dental caries. Therefore, it is vital that mouth cleaning or tooth brushing be part of the daily routine for all infants, including those who are breastfed.

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