

# "Spooktacular Smiles"

*Do you know how to enjoy Halloween and keep your smile healthy?*

*Fill in the blanks with the correct word using the word list below.*

floss      soft      mealtime      brush      sticky      caramel      chocolate      nuts  
mouth      hard candy      acids      cavities      book      sugar      water      movies

1. Always \_\_\_\_\_ and \_\_\_\_\_ your teeth before going to bed.
2. \_\_\_\_\_ are caused when \_\_\_\_\_ mixes with bacteria in your mouth.
3. It is best to eat sugary treats at the end of \_\_\_\_\_ while there is still plenty of saliva in the \_\_\_\_\_.
4. Avoid \_\_\_\_\_, \_\_\_\_\_ treats that get stuck between teeth.
5. Trick-or-treaters with braces should not eat these treats: \_\_\_\_\_, \_\_\_\_\_, and \_\_\_\_\_.
6. \_\_\_\_\_ will help to wash away some of the sugar and \_\_\_\_\_.
7. There are plenty of other foods that tick-or-treaters who wear braces can enjoy, like \_\_\_\_\_!
8. Instead of eating all of your candy, you can trade it in for a video game, \_\_\_\_\_, toy or a trip to the \_\_\_\_\_.

**Answers:** 1. brush, floss 2. cavities, sugar 3. mealtime, mouth 4. soft, sticky 5. nuts, caramel, hard candy 6. water, acids 7. chocolate 8. book, movies



Have a safe and happy Halloween!

